

The Chartwells School Dining division of Compass Group (Québec) provides at your cafeteria in Villa Maria College:

Hot meals for \$4.65 will consist of a soup, one of the two main courses of the date, a cooked desert and a choice of an Oasis fruit juice or a carton of milk (2% fat). The main course always comes with a salad and a portion of vegetables. The fruit juice is 100% pure.

OUR À LA CARTE PROGRAMS: We want your child’s lunch to be both appetizing and attractive, so we’ve made it easy for kids to get the meals they love at the following theme counters:



«**Trattoria**»: This program is served Mondays, Tuesdays and Thursdays and offers an excellent selection of pasta, vegetables and proteins, accompanied by a bun for \$4.10.



«**Baja Flats**»: This program is served Wednesdays and Fridays. We dress your favourite specials (gyros, chicken fajitas, burritos, etc.) while you watch. From \$4.50.



«**Doubletreat Bakery**»: This program is served Monday through Friday. Start with a baguette or a Panini and put together exactly the sandwich you want. From \$4.10.



«**Smoothies**»: a delicious way to launch your day at breakfast—or just for a snack. Our mix of fruits and yogurt can really hit the spot for \$2.95.



«**Wildgreens**»: prepare your own salad with the condiments of your choice. From \$4.95.

We accept different forms of payment. Most parents choose to prepay meals to their child’s student card. This secure method means no more cash to carry around and a quicker checkout. You decide exactly how much you want to spend. Just write a cheque for the desired amount to “Compass Group (Québec) Ltd.”

You can also purchase a 10-pack of tokens for \$45.50. (Tokens can only be used for the meal of the day.) Write your cheque out to «Groupe Compass (Quebec) Ltée»



We’re looking forward to serving you in the cafeteria!

*Lucie Choquette from the Chartwells team*  
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[www.mangerapprendrevivre.com](http://www.mangerapprendrevivre.com)

